



## LIFE GOALS & SKILLS BLAST MENTORING PROGRAM

CANBERRA - SAT 16TH & SUN 17TH MARCH 2019



*The Life Goals & Skills Blast program is designed for Rural and Regional Australia. Hear For You will come to Canberra to run a 2-day session for you!*

*The participants, parents and teachers will select the topics they wish to cover in the Blast program.*

*Mentoring formats include both individual, small group, and peer to peer.*

*The discussions and activities are interactive and engaging to help teenagers explore all the pertinent issues and questions about teenage life!*

### What do teenagers gain?

- *Leadership and teamwork skills*
- *Resilience and anti-bullying tactics*
- *An understanding of their personal identity*
- *Develop and improve social skills*
- *Meet other deaf teens like them*
- *Create own life goals plans for NDIS*
- *Become community engagers*
- *Begin journey of realising their own life potential*

### What do parents/guardians gain?

- *Build networks with other families*
- *Meet successful young deaf adults*
- *Discover new technology and supports*
- *Understand and develop strategies to better support their teenager at home*

### How do local communities & schools benefit?

- *More confident deaf teenagers who are open to engaging more*
- *New generation of potential community leaders*
- *Increased engagement in the community*

**To find out more or register:**

<https://hfyacanberrabl原因2019.eventbrite.com.au>

# Who exactly is Hear for You?

Hear For You is a registered Not For Profit charity registered under ACNC, and is a Public Benevolent Institution. In 2013 Hear For You won a National Disability Award for Excellence in Personal and Community Support.

Hear For You is a nationally registered NDIS (National Disability Insurance Scheme) Provider.

Our amazing volunteer mentors are high achievers from a wide spectrum of Australian society, all whom are also deaf or hard of hearing. They all have the power of hindsight, having gone through similar experiences at High School themselves. They are waiting to hear your experiences and to share some cool stories with you!

## Testimonials

*"It only takes one person to make a difference to someone else's life and volunteering as a mentor means I have a chance to share my life experience with a mentee and guide them in the direction they want to head in."*

*Bradley Jardine, Mentor since 2014*



*"I just wanted to let you know how much my son, Daniel, has enjoyed the Hear For You workshops so far. Dan was a bit reluctant to go to the first session, but came home so happy – it was obvious that he'd had a great day. When he came home from the second day, he was absolutely exhilarated! I can't wait to see what will happen next! Thank you so much for giving Dan this rare opportunity to see the heights that he can achieve and to see what he can be."*

*Parent of deaf teenager - 2016 Rural & Regional Life Goals & Skills Program*

## Past Program Results

- **90% of parents indicate satisfaction with the program and the positive impact it has had on their deaf teen.**
- **85% of Teenage Participants indicate they are satisfied with the program**

***For more info or to register, go to:***

**<https://hfycanberrablant2019.eventbrite.com.au>**